

Theorem 2

If E is a Lebesgue measurable subset of \mathbb{R} , with $m(E) > 0$, then its difference set:

$$E - E = \{d : d = x - y \text{ with } x, y \in E\}$$

contains an open interval centered at the origin.

We first consider the following finite (quantitative) version:

Lemma If $E \subseteq I$, I open interval and $m(E) > \frac{3}{4}m(I)$, then $m(E \cap (E+d)) > 0$ for all $|d| < \frac{1}{2}m(I)$.

[Note: $d \in E - E \iff E \cap (E+d) \neq \emptyset$]

Proof of Lemma:

Exercise! [Homework 1]

$$m(E \cap (E+d)) = m(E) + m(E+d) - m(E \cup (E+d))$$

$$\geq 2m(E) - (m(I) + |d|)$$

$$E \cup (E+d) \subseteq I \cup (I+d)$$

$$\geq \frac{1}{2}m(I) - |d|$$

$$> 0 \quad \text{if } |d| < \frac{1}{2}m(I)$$

□

Proof of Theorem 2:

By the Lemma, it suffices to show that there exists an open interval I such that $m(E \cap I) > \frac{3}{4}m(I)$.

Let $\varepsilon > 0$, \exists open G with $E \subseteq G$ such that

$$m(G) < (1 + \varepsilon)m(E)$$

this is actually just a property of outer measure

Recall that we can write G as a countable union of disjoint open intervals, $G = \bigcup_{j=1}^{\infty} I_j$. Hence

$$m(G) = \sum_{j=1}^{\infty} m(I_j).$$

Define

$$E_j = E \cap I_j$$

it follows that

$$E = \bigcup_{j=1}^{\infty} E_j \quad \text{and} \quad m(E) = \sum_{j=1}^{\infty} m(E_j).$$

Claim: $\exists j$ such that $m(I_j) < (1 + \varepsilon)m(E_j)$

and hence $m(E \cap I_j) > \frac{1}{1 + \varepsilon}m(I_j)$.

Assuming this Claim we are done (take $\varepsilon = \frac{1}{3}$). □

Proof of Claim: Suppose not, then $\sum m(I_j) \geq (1 + \varepsilon) \sum m(E_j)$
 $\Rightarrow m(G) \geq (1 + \varepsilon)m(E)$.